



December 16, 2020

12:00pm to 1:00pm

**Means Restriction for Mental Health Professionals
Provided by the**

**Garrett Lee Smith Pennsylvania Youth Suicide Prevention Grant Team
In Collaboration with the COVID-19 Emergency Response Suicide Prevention
and National Strategy for Suicide Prevention Grant Teams**

Open to ALL Community Providers Across Pennsylvania

Presenter:

Dr. Matthew Wintersteen, Thomas Jefferson University
Department of Psychiatry & Human Behavior
Director of Training and Higher Education Efforts

Training Description

Restricting access to lethal means during times of suicidal crises has been repeatedly shown to reduce the likelihood of suicide attempts and death. The purpose of this training is to examine means restriction from both a public health and clinical perspective. Strategies to effectively reduce access will be discussed. Finally, skills to approach the topic of lethal means restriction with patients and their families will be covered, with the goal to assist those most at risk for suicide to reduce the likelihood of suicide attempts and death.

For more information and to register please visit, <https://gls-lethal-means-training.eventbrite.com>. This training is open to the first 150 registrants.