

# HEALTHY REFRESHING SUMMERTIME DISH

JULY 22, 2021 @ 1:00 PM  
Virtual Cook-Along Class:

Fresh Corn, Basil and Bell Pepper Salad



In-season produce has many benefits including better taste, price and availability. Join Weis Dietitian Emily to explore what produce is in-season during the summer months. She will be making a Fresh Corn, Basil & Bell Pepper Salad, a refreshing summertime dish.

Everyone is welcome to cook along!

Click **Zoom link** below to join the meeting:

<https://zoom.us/j/97238695294?pwd=WDVZL3hkRUI3YUN0NFFIbGdldmNsdz09>

**Recipe:** <https://www.weismarkets.com/recipes/fresh-corn-basil-and-bell-pepper-salad/25107>

## JULY WEIS MARKETS COOK-ALONG WEBINAR

JULY 22, 2021 @ 1:00 PM

REGISTRATION NOT  
REQUIRED

JOIN ON YOUR COMPUTER  
OR MOBILE APP

ATTEND AS A GROUP OR  
INDIVIDUALLY

IF POSSIBLE, HAVE ALL  
INGREDIENTS PREPARED  
AND MEASURED IN  
ADVANCE TO SAVE TIME.

CLOSED CAPTION IS NOT  
AVAILABLE

EMAIL LESLEY AT

[LGMURPHY@GEISINGER.EDU](mailto:LGMURPHY@GEISINGER.EDU)

FOR A CERTIFICATE OF  
ATTENDANCE.